

Medical History Form

All information gathered is confidential

Patient Name: _____

What is your current complaint/pain and when was the onset of symptoms?

What movements or activities are limited?

What, if anything makes your condition worse?

What, if anything makes your condition better?

Have you been involved in a car accident? Y/N. If yes please state when and describe the accident:

Do you currently, or in the past have any of the following: If yes please describe.

- Heart Problems
- Low/High Blood Pressure
- Chronic Illness/ Conditions
- Hernia
- Bone or Joint Issues
- Lung or Breathing Problems
- Diabetes
- Cancer
- Stroke
- Seizures
- Skin Disorders
- Fatigue/Depression
- Varicose Veins/Phlebitis
- Ruptured/Bulging discs
- Pins/Needles
- Infectious Conditions
- Headache/Teeth Grinding

When and by whom were you diagnosed with any of the above conditions/issues?

Do you have any history of surgery (dental and cosmetic included) Y/N. If yes please date and describe _____

Are you currently or recently (last five months) pregnant? Y/N

Please list any medications you are currently taking, including vitamins/minerals/herbs.

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***NEXT PAGE PLEASE**

Have you been sedentary (inactive for the past year or more) Y/N

What is your occupation? _____

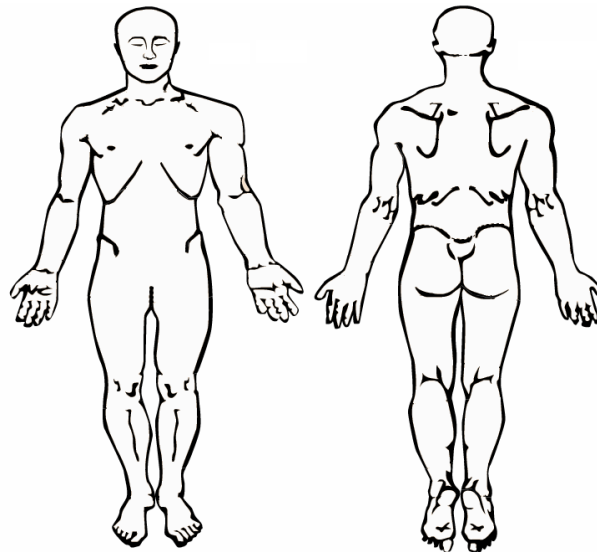
Please indicate your main occupational activities:

- | | |
|---|------------------------------------|
| <input type="radio"/> Sitting | <input type="radio"/> Standing |
| <input type="radio"/> Computer Work | <input type="radio"/> Lifting |
| <input type="radio"/> Driving | <input type="radio"/> Bending |
| <input type="radio"/> Repetitive Movement | <input type="radio"/> Other: _____ |

Do you exercise? Y/N If yes please describe the activities that you do _____

Is there anything else you feel is important that was not covered? _____

Please indicate on the diagram below any areas that you are experiencing discomfort/pain.



Patient Signature _____ **Date** _____

Massage Patients Only

What are your goals for massage therapy? _____

Please be aware we have a 48 hours cancellation policy for all massage appointments or there will be a \$60.00 Fee.